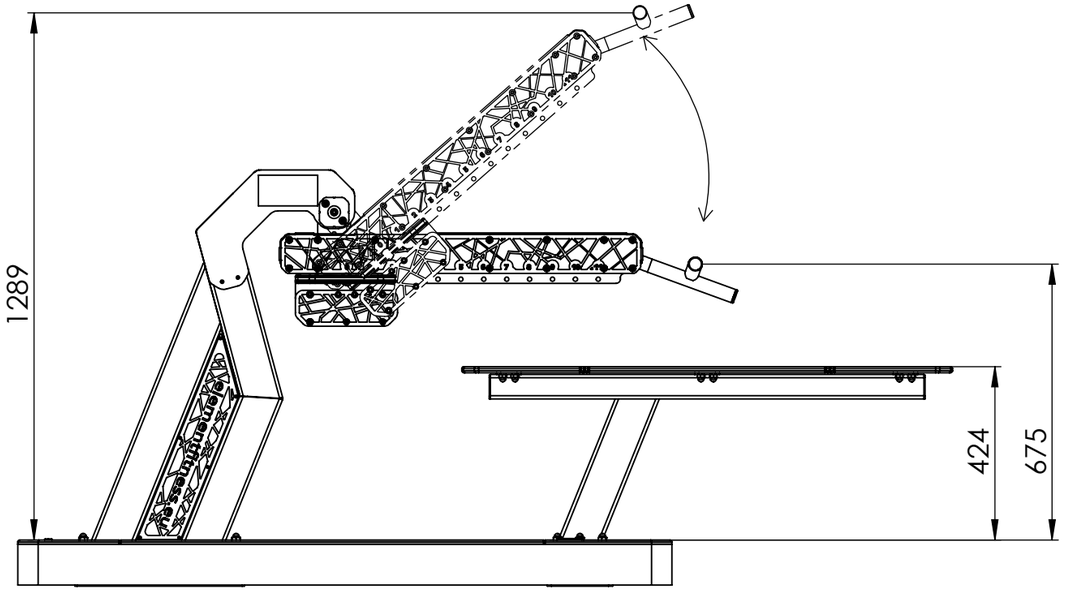

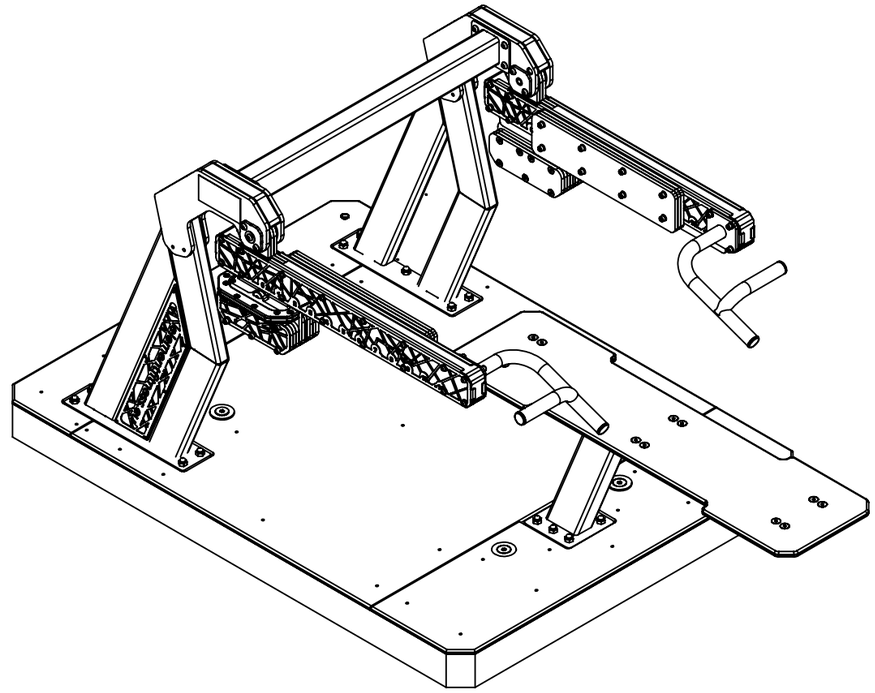

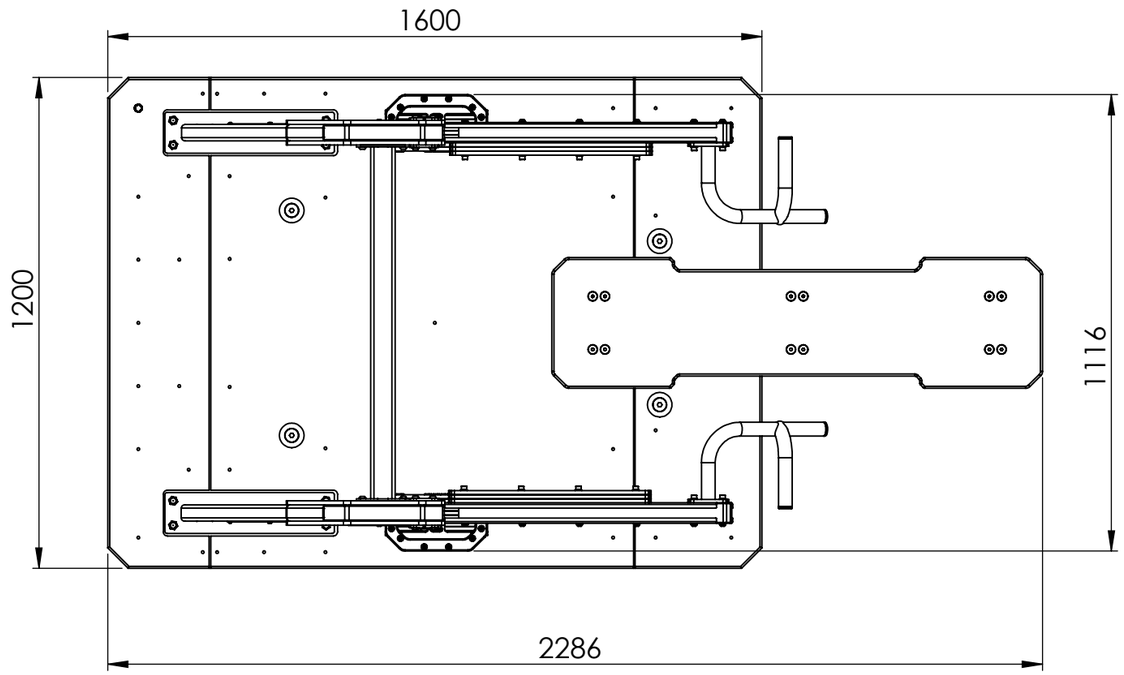

POS.	NUMBER	PCS	NAME	REV.	MATERIAL	CLASS
1	30-18609	1	Bench Press OG HVY MO	A01		MO

element FITNESS

30-14771-H

Mass 687.76

Rev A00

SCALE:1:15 A3 Sheet 1 из 4 16.03.2026

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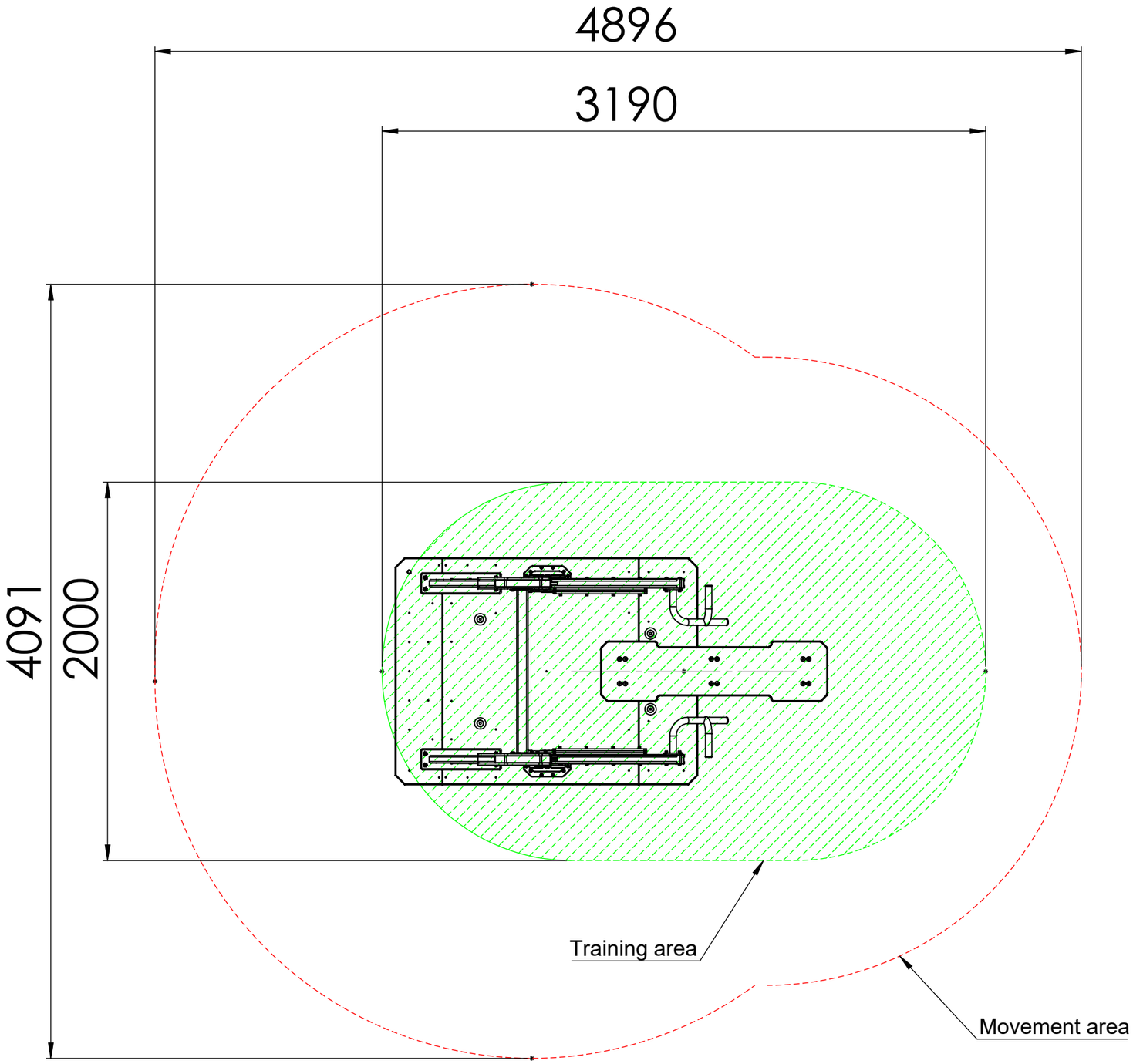

element FITNESS	30-14771-H	Mass	687.76
		Rev	A00
	SCALE:1:25 A3 Sheet 2 из 3 4		16.03.2026

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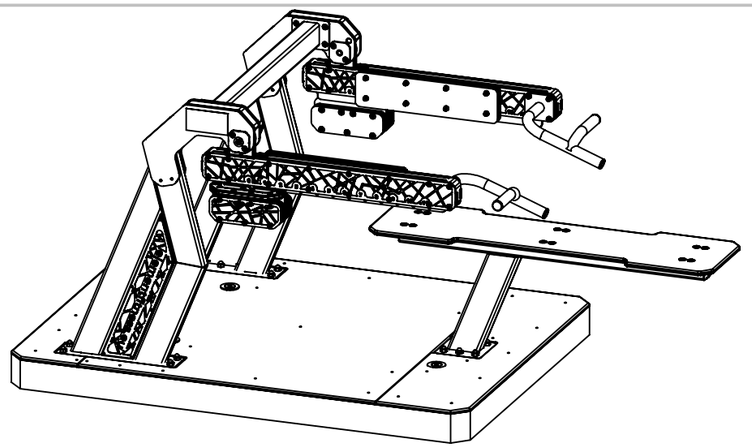
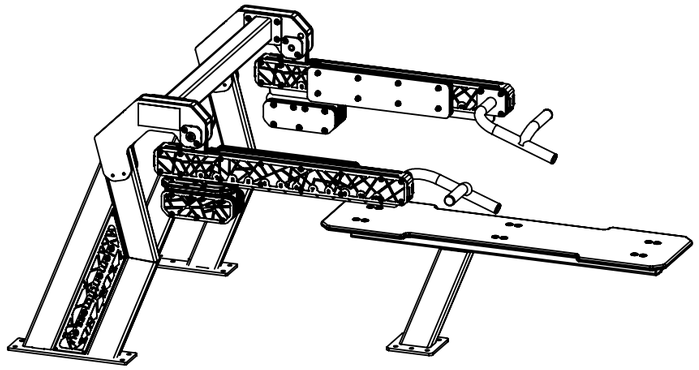


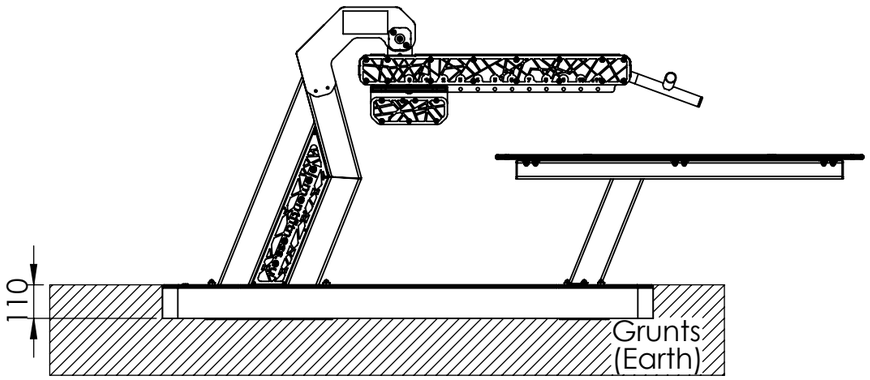
Standard 160x120x10cm reinforced concrete
+ 1cm plastic base



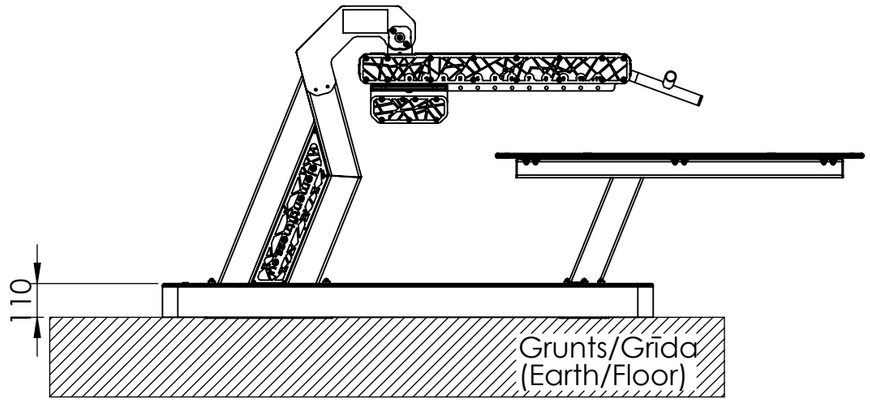
Base free (SKU 30-18610)

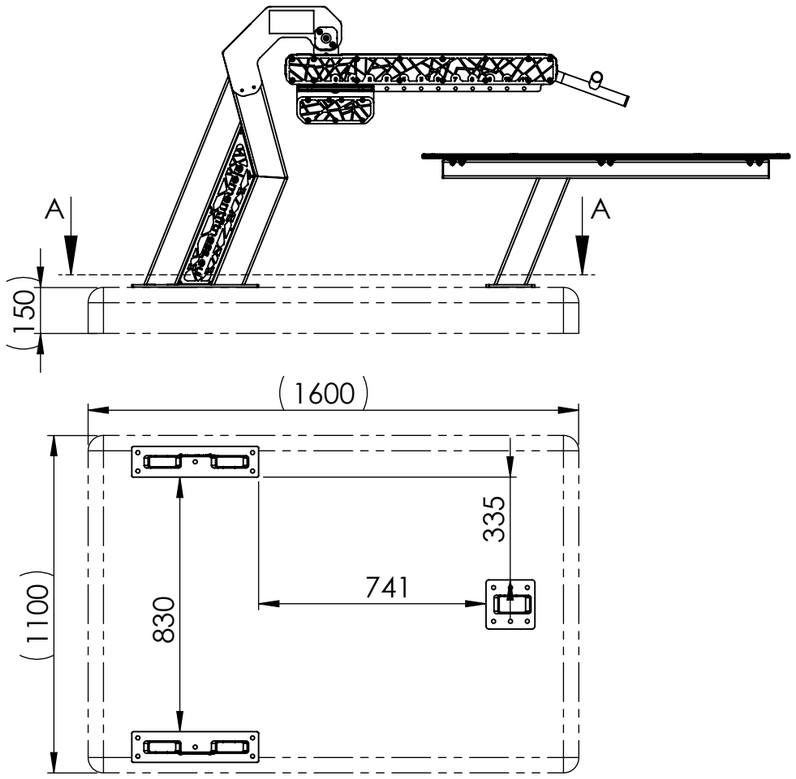
Installation according to EN16630

Setting plastic surface level with ground surface



Freestanding installation





A-A

Concrete foundation on location

-Installation according to EN16630

-Pre-poured concrete or existing concrete foundation.

-Minimum concrete foundation size in brackets.

-Mounting with M12 Anchoring bolts according to foundation type.

element FITNESS	30-14771-H	Mass	687.76
		Rev	A00
	SCALE:1:20 A3 Sheet 3 из 4		16.03.2026

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